

# SALAD ORDER FORM



Please fill in this form to pre-order salads. When complete, fax your order to 647-430-8419 then call 647-430-8417 to confirm your order. \$3.50 delivery charge for anything outside of 5km radius from our store location. \$7.35 Veggie Salad for up to 7 items. \$9.95 Gourmet Salad up to 7 items plus 1 meat and 1 cheese. \$2 for extra meat serving and \$1 for extra cheese or vegetable serving.

**Delivery order**

Contact Name: \_\_\_\_\_

Address: \_\_\_\_\_

Fax number: \_\_\_\_\_

**This is a pick up order. I will be there in 20 minutes!**

Phone number: \_\_\_\_\_ EXT: \_\_\_\_\_

Delivery TIME: \_\_\_\_\_

Delivery DATE: \_\_\_\_\_

Payment method:  cash  account  AMEX  VISA  MASTER CARD

Card#: \_\_\_\_\_ Expiry date: \_\_\_\_\_ Code: \_\_\_\_\_

Utensils required?  yes  no

NAME #1:

## BEGIN YOUR SELECTION

### Lettuce

- Baby Spinach
- Romaine
- Iceberg
- Spring Mix
- (Create Your Own Mix)

### Cheese

- Blue Cheese
- Goat Cheese
- Parmesan
- Cheddar
- Feta

### Premium Items

- Grilled Chicken
- Grilled Turkey
- Avocado
- Roasted Red Peppers
- Sautéed Mushroom
- Grilled Tofu

### Dressing

- Asian
- Balsamic
- Caesar
- Citrus
- Herbal
- Honey Mustard
- Mango Citrus
- Mediterranean
- Ranch

### Toppings

- Almonds
- Artichoke Hearts
- Beets
- Butternut Squash
- Carrots
- Celery
- Chick Peas
- Corn
- Cranberries
- Croutons
- Crumbled Egg
- Cucumbers

- Eggplant
- Kidney Beans
- Mandarin Oranges
- Broccoli
- Red Onions
- Snow Peas
- Tomatoes (Cherry)
- Tomatoes (Fresh)
- Walnuts
- Zucchini

- Oriental Noodles
- Peppers (Fresh)
- Kalamata Olives (with pits)

NAME #2:

### Lettuce

- Baby Spinach
- Romaine
- Iceberg
- Spring Mix
- (Create Your Own Mix)

### Cheese

- Blue Cheese
- Goat Cheese
- Parmesan
- Cheddar
- Feta

### Premium Items

- Grilled Chicken
- Grilled Turkey
- Avocado
- Roasted Red Peppers
- Sautéed Mushroom
- Grilled Tofu

### Dressing

- Asian
- Balsamic
- Caesar
- Citrus
- Herbal
- Honey Mustard
- Mango Citrus
- Mediterranean
- Ranch

### Toppings

- Almonds
- Artichoke Hearts
- Beets
- Butternut Squash
- Carrots
- Celery
- Chick Peas
- Corn
- Cranberries
- Croutons
- Crumbled Egg
- Cucumbers

- Eggplant
- Kidney Beans
- Mandarin Oranges
- Broccoli
- Red Onions
- Snow Peas
- Tomatoes (Cherry)
- Tomatoes (Fresh)
- Walnuts
- Zucchini

- Oriental Noodles
- Peppers (Fresh)
- Kalamata Olives (with pits)

# SALAD ORDER FORM



NAME #3:

## Lettuce

- Baby Spinach
- Romaine
- Iceberg
- Spring Mix
- (Create Your Own Mix)

## Cheese

- Blue Cheese
- Goat Cheese
- Parmesan
- Cheddar
- Feta

## Premium Items

- Grilled Chicken
- Grilled Turkey
- Avocado
- Roasted Red Peppers
- Sautéed Mushroom
- Grilled Tofu

## Dressing

- Asian
- Balsamic
- Caesar
- Citrus
- Herbal
- Honey Mustard
- Mango Citrus
- Mediterranean
- Ranch

## Toppings

- Almonds
- Artichoke Hearts
- Beets
- Butternut Squash
- Carrots
- Celery
- Chick Peas
- Corn
- Cranberries
- Croutons
- Crumbled Egg
- Cucumbers

- Eggplant
- Kidney Beans
- Mandarin Oranges
- Broccoli
- Red Onions
- Snow Peas
- Tomatoes (Cherry)
- Tomatoes (Fresh)
- Walnuts
- Zucchini

- Oriental Noodles
- Peppers (Fresh)
- Kalamata Olives (with pits)

NAME #4:

## Lettuce

- Baby Spinach
- Romaine
- Iceberg
- Spring Mix
- (Create Your Own Mix)

## Cheese

- Blue Cheese
- Goat Cheese
- Parmesan
- Cheddar
- Feta

## Premium Items

- Grilled Chicken
- Grilled Turkey
- Avocado
- Roasted Red Peppers
- Sautéed Mushroom
- Grilled Tofu

## Dressing

- Asian
- Balsamic
- Caesar
- Citrus
- Herbal
- Honey Mustard
- Mango Citrus
- Mediterranean
- Ranch

## Toppings

- Almonds
- Artichoke Hearts
- Beets
- Butternut Squash
- Carrots
- Celery
- Chick Peas
- Corn
- Cranberries
- Croutons
- Crumbled Egg
- Cucumbers

- Eggplant
- Kidney Beans
- Mandarin Oranges
- Broccoli
- Red Onions
- Snow Peas
- Tomatoes (Cherry)
- Tomatoes (Fresh)
- Walnuts
- Zucchini

- Oriental Noodles
- Peppers (Fresh)
- Kalamata Olives (with pits)



129 JEFFERSON AVE. TORONTO ON M6K 3E4

TEL: 647-430-8417

FAX: 647-430-8419

[WWW.ITZAWRAPTORONTO.COM](http://WWW.ITZAWRAPTORONTO.COM)